



ENROLL
TODAY!
[wejh.ca/
transportation](http://wejh.ca/transportation)

Transportation volunteer

Drive & accompany seniors to important medical appointments

Good to know

- Even if you can help only a few times a year, you would still be a welcome addition to our team! You set your own schedule.
- We provide at least 48 hours' notice for requests whenever possible.
- You are free to say yes or no to a volunteer request.
- We will reimburse your mileage starting right from your front door.
- The client covers any parking costs.

Many English-speaking seniors living in Quebec City may feel isolated and alone, especially if their family lives elsewhere. Caring volunteers like you help foster a sense of belonging and community, crucial to physical and mental well-being.

Our most urgent need is for transportation volunteers with a valid drivers' license and who own a vehicle.

About us: Our Wellness programs aim to support English-speaking seniors who live in their own homes and are also cared for by Jeffery Hale Community Services' home care and day centre professionals.

Please apply to become a volunteer by visiting our website: wejh.ca/transportation