

Date _____

Caregiving can be both rewarding and challenging. The Wellness Centre is here to help connect, support and inform English-speaking caregivers in the Quebec City region.

Caregivers can learn from one another and be an amazing source of mutual support. Together we can enlarge our local circle of care.

Registration is free of charge. Sign up today for our monthly e-newsletter and get connected! You will begin receiving invitations to local caregiver sessions and find services and programs to assist you on your caregiving journey. For more information visit wejh.ca/caregivers-circle

Caregiver Information

First Name _____

Last Name _____

Telephone Number _____

Email address _____

Our funder *L'APPUI Capitale-Nationale pour les proches aidants d'ainés* requires that we provide the following statistics in a confidential manner. Your name / contact information will never be disclosed, we simply provide an annual summary of how many clients we serve in each category.

Caregiver age group	Under 35	35-44	45-54	55-64	65-74	75+
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Caregiver gender	Male	Female	Other	Prefer not to say
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Are you currently employed?	Yes	No
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Relationship to care receiver	Partner/spouse	Family	Friend	Other
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Care Receiver age group	Under 35	35-44	45-54	55-64	65-74	75+
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Care Receiver gender	Male	Female	Other	Prefer not to say
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Care Receiver diagnosis *select both if necessary	Alzheimers disease or other type of dementia	Other condition
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Staff person making referral

First Name _____

Last Name _____

Telephone Number _____

Email address _____