

COMMUNITY ART

Have YOU taken some time for yourself lately?

The Community Art program at the Wellness Centre is an oasis where you can develop your artistic talents in a relaxed and positive setting.

“It’s healing.”

“The atmosphere is so agreeable.”

“It’s a lovely break in my routine.”

“It’s my lifeline.”



New participants welcome, all ages!
(sorry, not for ESL practice)

Open group (no reservations required)

- Wednesdays at 1:00 p.m.
- Thursdays at 9:30 a.m.



Room 2109

\$10 per session

The Community Wellness Centre at Jeffery Hale

1270, chemin Sainte-Foy | Québec G1S 2M4 | 418 684-5333, #1655 | wejh.ca
emoreau@jhpartners.net

Also available upon reservation: art groups for caregivers, newcomers and special needs clients