



Description of SNACS Activities

Updated September 24, 2018

- You must **register** your child (see "SNACS Program Registration Form") and pay for the year in advance. For other services and details, please visit wejh.ca/snacs
- On the Wednesday before **each** activity, you must **confirm** your child's presence to the program coordinator by email: snacsprogram@jhpartners.net or by phone: 418 572-5009. If there are not enough attendees, the activity will be cancelled.

Saturday Children's Activity

Ages 5 to 12 Fee: \$80 annually
9:30 a.m. to noon Quebec High School, 945 avenue Belvédère, G1S 3G2

Children with special needs are invited to join in a variety of stimulating activities such as crafts, puppet shows, dancing, exercising and games. The program includes activities that contribute to your child's social development, creativity, fine and gross motor skills, and language skills.

Interest Activities for PASS

Ages 12 to 15 Fee: \$80 annually
3:10 to 9:00 p.m. Quebec High School, 945 avenue Belvédère, G1S 3G2

SNACS Interest Activities are for teens who are on the autistic spectrum or who may have challenges related to social skills. This program complements the new PASS program (Program for Academic and Social Success) being offered at Quebec High School. Our Interest Activities are planned by the group members themselves, and may include cooking, games, movies, hobbies, etc.

After-school Program

Ages 12 to 21 Fee: Full-time (up to 5 days/week) for as little as \$2.35/day. Part-time (up to 2 days/week) for as little as \$4.41/day. Occasional use also possible (\$25).
7:30 to 8:40 a.m. AND 3:10 to 5:30 p.m. Quebec High School, 945 avenue Belvédère, G1S 3G2

A structured and stimulating program that runs before and after school for special needs students of Quebec High School, allowing parents to continue to work regular hours with peace of mind that their child is safe and well cared for.

Friday Night Bowling

Ages 12 and up Fee: \$80 annually
6:45 to 9:00 p.m. Quillorama Frontenac, 2020 Rue Cyrille-Duquet, G1N 2E8

Teens and young adults with special needs are invited to come bowl one Friday a month. We encourage friends and family to join us in the fun. Equipment and snacks are provided at the bowling alley.

Supper with the Gang

Ages 12 and up Fee: \$80 annually
5:30 to 9:00 pm Quebec High School, 945 avenue Belvédère, G1S 3G2

During this life skills-based evening, teens and young adults with special needs prepare and enjoy the meal together, and then take part in activities such as games, crafts and movies. The meals are chosen by the group members themselves and are easy to make and nutritious.