



Caring for an aging loved one can be challenging. Sometimes what you need most is a safe place to process everything that is happening in your life. Jeffery Hale Community Partners is offering caregivers an opportunity to participate in free art therapy sessions during the months of June and July on a weekday morning, afternoon or evening starting mid- June 2018.

Participants will work in a small group with certified art therapist, Marie-Ève Laflamme. No artistic talent is needed! These session are intended to help you explore your feelings while enjoying the life affirming pleasures of creating art. For more information or to enrol please call 418 684-5333 Ext 1539.

Funding provided by:

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