

Our partners

The SNACS Program is part of Jeffery Hale Community Partners (wejh.ca). We would like to thank the following organizations for making a real difference in the lives of some of the most vulnerable members of our community:

- Community Learning Centre (CLC)
- Jeffery Hale Community Services
- Ministère de la Famille
- Office des personnes handicapées du Québec (OPHQ)
- Quebec High School (QHS)

SNACS also works closely with other organizations, such as:

- Centre de Réadaptation en Déficience Intellectuelle de Québec (CRDI);
- Institut de Réadaptation en Déficience Physique de Québec (IRD PQ);
- Office des Personnes Handicapées du Québec;
- Special Olympics
- Association de l'Intégration Sociale de Quebec, and;
- Various summer camps.

A Community of Care

The community **Wellness Centre**, in the Jeffery Hale Pavilion, promotes the well-being of English-speaking people living in the Quebec City region:

- SNACS Special Needs
- Spotlight on Seniors
- The Caring Circle
- Toddler Talk

Wellness Centre
1270, chemin Sainte-Foy
Québec QC G1S 2M4

wejh.ca



» **418 684-5333**
1 888 984-5333 toll-free

Jeffery Hale – Saint Brigid's is there for you! Bilingual health and social services:

- Emergency Room
- Diagnostic Services
- Senior Care
- Community Services
 - CLSC-type services in English
 - Requests for Saint Brigid's Home

Jeffery Hale Hospital
1250, chemin Sainte-Foy
Québec QC G1S 2M6

jhsb.ca



Wi-Fi

PROGRAM



Special Needs Activities & Community Services



Centre
Wellness

wejh.ca



Nov. 17, 2015



Welcome to SNACS!

SNACS stands for Special Needs Activities & Community Services. This program, run by a special educator, provides activities and support for English-speaking children, teens and young adults who have special needs.

The SNACS Program has two main goals:

1. To offer safe and inclusive assisted activities that encourage socialization and stimulation, while meeting some of the goals of the intervention plan (IEP);
2. To provide respite for families and caregivers.

The program is open to people living in the Greater Quebec City region (north and south shores).

To learn more about SNACS or to register for the program

wejh.ca - Visit the "SNACS Special Needs" page on the community Wellness Centre website. You are also welcome to call Julie Slattery, Special Educator and SNACS Program coordinator, at 418 683-1953, ext. 8221.

snacs.ca - Visit the SNACS Entrepreneurs website to learn about work opportunities adapted to special needs students and young adults, as well as the catering services they provide.

Volunteer opportunities

If you are a student, please consider volunteering to be a buddy to a special needs child.

Daily contact at school between SNACS' volunteers and special needs students (mainly at Quebec High School) has led to increase in awareness about preventing bullying and mistreatment and a truly supportive circle of friends.

Volunteer work and internships (called a "stage" in French) in the SNACS Program may lead to a paid job, such as a babysitter or as a summer camp counsellor. With a reference from the SNACS Program, some volunteers even go on to pursue careers in fields related to special needs, such as:

- Special Educators
- Therapists
- Social Workers

SNACS Activities

Supper with the Gang: During this life skills-based evening, teens and young adults make a meal together and then enjoy a variety of activities after, like games, crafts, movies and interactive games (wii). The meals are suggested by a member of the group and are varied, easy to make and nutritious.

Friday Night Bowling: Teens and young adults get together to go bowling together one Friday evening each month. Peers and siblings are welcome to join in on the fun. Equipment and snacks provided.

Saturday Children's Activity: Children are invited to join in a variety of stimulating activities such as crafts, puppet shows, dance, exercise and games. The program includes activities that contribute to social development, creativity, language skills, fine motor and gross motor skills.

After-school Homework Program: A safe and stimulating environment for special needs students of Quebec High School before and after school hours while allowing parents to continue to work regular hours with peace of mind.

Friends and siblings are always welcome!