



## Snacs Activities Schedule 2016-2017

Friday	September	23	Friday Night Bowling
Friday	September	30	Supper with the Gang
Saturday	October	15	Saturday Children's Activity
Friday	October	21	Friday Night Bowling
Friday	October	28	Supper with the Gang- Halloween Special
Saturday	November	12	Saturday Children's Activity
Friday	November	18	Friday Night Bowling
Saturday	December	3	Saturday Children's Activity: Christmas Party
Friday	December	9	Christmas Party for the Gang
Saturday	January	14	Saturday Children's Activity
Friday	January	20	Supper with the Gang
Friday	January	27	Friday Night Bowling
Friday	February	3	Supper with the Gang
Saturday	February	18	Saturday Children's Activity
Friday	February	24	Friday Night Bowling
Saturday	March	4	Saturday Children's Activity
Friday	March	17	Friday Night Bowling
Friday	March	31	Supper with the Gang
Friday	April	7	Supper with the Gang
Saturday	April	8	Saturday Children's Activity
Friday	April	21	Friday Night Bowling
Friday	May	5	Supper with the Gang
Saturday	May	13	Saturday Children's Activity
Friday	May	26	Friday Night Bowling



## Description of Snacs Activities

You must register your child in advance (see "Snacs Program Registration Form"). You must also confirm your child's presence on the Wednesday before **each** activity to Julie Slattery is the Snacs Program coordinator. Julie by email: [slatteryj@cqsbc.qc.ca](mailto:slatteryj@cqsbc.qc.ca) or by phone: 418 572-5009. If there are not enough confirmations, the activity will be cancelled.

### **Supper with the Gang**

Where: Jeffery Hale Pavilion, 1250, chemin Sainte-Foy, Québec, G1S 2M6

For: Ages 12 and up                      Time: 5:00 to 9:00 pm                      Cost: \$10.00 per meal

During this life skills-based evening, teens and young adults with special needs make a meal together and then enjoy a variety of activities after, like games, crafts, movies and interactive games (wii). The meals are suggested by a member of the group and are varied, easy to make and nutritious.

### **Friday Night Bowling**

Where: Quillorama Frontenac, 2020 Rue Cyrille-Duquet, Québec, G1N 2E8

For: Ages 12 and up                      Time: 6:45 to 9:00                      Cost: \$10.00 per week

Teens and young adults with special needs are invited to come bowl one Friday a month. We encourage peers and or siblings to join us in the fun. Equipment and snacks are provided at the bowling alley.

### **Saturday Children's Activity**

Where: Quebec High School, 945 avenue Belvédère, Québec, G1S 3G2

For: Ages 5 to 12                      Time: 12:30 to 3:30                      Cost: \$8.00 per week

Children with special needs are invited to join in a variety of stimulating activities such as crafts, puppet shows, dance, exercise and games. The program includes activities that contribute to your child's social development, creativity, language skills, fine motor and gross motor skills.

To confirm your child's presence on the Wednesday before each activity or for more information, please email Julie at: [slatteryj@cqsbc.qc.ca](mailto:slatteryj@cqsbc.qc.ca) or call her at 418 572-5009. Thank you!